

MAY 28, 1999

MARGINALIA

➤ A reader in Buffalo, N.Y., has sent us the following excerpt from a restaurant review in the May/June issue of *Buffalo Magazine*:

"Finally we saved a little room for desert. I must caution all readers to always have desert. It has been medically proven that most people who die in their sleep actually do not have enough calories to wake up. This can be avoided through eating a desert."

Make sure you drink plenty of water as well, our informant suggests.