Life Without the Internet

Assigned: Monday Week 1

Due: Essay due at Recitation Week 2

- Immediate goal: Experiencing how deep the Internet has integrated with our lives.
- Intention: This will give an opportunity to reflect on what the Internet means to you.

Overview

- Pick one day to go completely offline, i.e., no Internet at all, for at least 8 straight hours.
- Keep a journal of your experience.
- Write an essay about it. It should be about 1.5 minutes when you read it aloud.
- When you come to your recitation in the second week, you will be asked to come to the front and read your essay to the class.

More Details

- You should pick one day to go completely offline, i.e., no Internet at all.
  - For at least 8 straight hours like a regular work day, e.g., 9 am - 5 pm, or 8 straight hours from whenever you wake up
  - No email, no browser, no messaging, no Snapchat, no Instagram, no Facebook, no app
  - Phone calls are fine.
  - No nap when you’re offline, please. No sleep either!
- In order to do this, you need to prepare for this carefully.
  - For the people whom you communicate with frequently: you need to let them know, so they don’t panic.
  - Or, you can write a status message of some sort for the platforms you use frequently.
  - You should not pick a day when you have a deadline (online bill payments, homework assignments, etc.).
- Journal
  - During your offline hours, you need to keep a journal:
- The start time and the end time
- What you’re doing and how you’re feeling
- Challenges/difficulties of doing things without the Internet
- Advantages of doing things without the Internet
- Any change you’re making in your routine
- Cases where you just can’t avoid using the Internet, and justifications (e.g., if an in-class pop quiz requires the Internet)
- Anything that comes to your mind.

- **Essay**
  - Before you come to your recitation, you need to prepare a 1.5-minute essay about your experience.

- **ePortfolio**
  - You need to create an e-Portfolio in UBLearns to record your journal and essay. A quick tutorial on how to do this can be found here:
  - [https://ub.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=1c18b73d-969f-4e65-835b-8efa0182a54b](https://ub.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=1c18b73d-969f-4e65-835b-8efa0182a54b)
  - You will need to submit your portfolio in UBLearns by midnight on Wednesday, September 7th. For a tutorial on how to submit your portfolio, check out [https://ub.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=34e5d351-3ed3-43d2-b5c3-ad9101485f81](https://ub.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=34e5d351-3ed3-43d2-b5c3-ad9101485f81)

- **Recitation in the second week**
  - You will be asked to come to the front and discuss your experience. **DO NOT just read your essay, but discuss the highlights in an informal fashion.**
  - Exactly 1.5 minutes

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**Summary of Your Deliverables**

- **Essay to bring to your recitation**
- **Your ePortfolio with the journal and the essay submitted to UBLearns by midnight on Wednesday, September 7th**
Grading

- 0 pts - No attendance or Nothing posted or prepared
- 1 point - Digication e-portfolio exists and is correctly shared with the TAs and other students, and you attend recitation
- 2 points - Log of time spent and essay are in the portfolio, and you attend recitation
- 3 points - Student shows up to recitation and delivers the essay verbally, and log of time spent and essay are in the portfolio

TAs for Each Recitation Section

- A1: Cory Margarucci, Kelly Lam
- A2: Susan Brethauer, Alexis Hubbard
- A3: Anthony Hom, Voltaire Vergara
- A4: Voltaire Vergara, Nicholas Brown
- B1: Rebecca Ramhap, Jonathan Macias
- B2: Taylor Dietrich, Timothy Kong
- B3: Bazil Anandaraj, Rebecca Ramhap
- B4: Tariq Kariapper, Benson Cai
- C1: Swati Suresh, Hannah Kloss
- C2: Leotrim Mehmetaj, John Dounias
- C3: Conan Sum, Farhan Chowdhury
- C4: Fyrose Nower, Richard Prosser
- D1: Al-Kesna Foster, Gurleen Rekhi
- D2: Timothy Kong, Anthony Hom
- D3: Gurleen Rekhi, Nawar Khouri
- D4: Alexis Hubbard, Benson Cai
- E1: Austin Tleon, Fyrose Nower
- E2: Austin Tleon, Al-Kesna Foster
- E3: Nawar Khouri, Susan Brethauer
- E4: John Dounias, Nicholas Brown
- F1: Richard Prosser, Swati Suresh
- F2: Jason Yan, Kelly Lam
- F3: Cory Margarucci, Conan Sum
- F4: Farhan Chowdhury, Jason Yan