The following theorem implies that the Cook-Levin reduction can be made to run in quasilinear time (for languages that are in nondeterministic $n(\log n)^{O(1)}$ time to begin with).

Theorem 1 [Hennie and Stearns, 1966]: Every $k$-worktape DTM $M$ (or NTM $N$ ) running in time $t(n)$ and space $s(n)$ can be simulated by a 2-worktape DTM $M^{\prime}$ (respectively, 2-worktape NTM $N^{\prime}$ ) that runs in time $O(t(n) \log t(n))$ and space $O(s(n))$. This holds whether the input tape is read-write and counted as a worktape, or read-only and counted separately.

Theorem 1' [Pippenger and Fischer, 1977]: Moreover, the simulating machine $M^{\prime}$ can be oblivious, meaning for all $n$ and $x, y \in \Sigma^{n}$, the locations of the tape heads of $M^{\prime}$ at any timestep $t$ are the same on input $y$ as they are on input $x$. In consequence, $L(M)$ can be accepted by a highly uniform family $\left[C_{n}\right]_{n=0}^{\infty}$ of Boolean circuits, where each $C_{n}$ has size $O(t(n) \log t(n))$.

Proof Sketch. The proof uses a caching scheme with amortized time analysis of successive doubling similar to that of the C++ vector class and memory management of arrays in other languages. First treat all tapes of $M$ and $M^{\prime}$ as being two-way infinite. The $k$ tapes of $M$ are maintained as $2 k$ "tracks" of the first tape of $M^{\prime}$ using work alphabet $\Gamma^{\prime}=\Gamma^{2 k}$.

The issue with a straightforward simulation of the $k$ heads of $M$ on these tracks is delay when the heads become widely spaced apart---then it takes up to $2 s(n)$ steps by $M^{\prime}$ to read the $k$ chars they are reading and execute the corresponding actions. The caching scheme keeps the $k$ heads always close to the central column 0 of the first tape of $M$, which is treated as divided into powers of 2 like so:


## 

The second tape is needed only to copy blocks of characters while shifting them into or out of higher cache levels nearer the "CPU" in column 0 . These movements by $M^{\prime}$ are in response to head movements by $M$ but the point of the Pippenger-Fischer refinement is that they can be scheduled in
advance---with only the decision to shift-or-not-shiff dutring the mone ment being taken on-the-fly. Every "inner jag" involving just columns $-1,0,1$ simulates a new step by $M$, while the outer jags may be needed to help set up for the next step:



The time analysis simply needs computing the number of timesteps $t^{\prime}$ by $M^{\prime}$ as a function $g(t)$ of the number $t$ of "inner jags". A proof by induction shows $g(t)=O(t \log t)$. $\boxtimes$

This result is used only to justify that the Turing machines we give to our universal and "diagonal" simulators can be thought of as already having been reduced to 2 worktapes. The proof highlights the difference between a timestep of the machine $M$ being simulated and each step of the simulator $M^{\prime}$.

Offline Simulation Lemma: We can build a single 3-tape DTM $M_{3}$ with tape alphabet $\Gamma_{3}=\{0,1, \ldots\}$ such that for any DTM $M$ with input alphabet $\Sigma=\{0,1\}$ but any number $k$ of tapes and work alphabet $\Gamma_{M}$ of any size, there is a constant $C>0$ such that for any $w \in \Sigma^{*}$ and $t>0$, the first $t$ steps of the computation of $M$ on input $w$ are simulated by the first $C+C t \log (t)$ steps of $M_{3}$ on input $x=\langle w, M\rangle$, using at most $C$ times as much space, where $M_{3}$ simulates $M(w)$.

Proof: The constant $C$ depends on the given $M$. It does not depend on $w$ or on the simulating machine's own input $x$. It mostly comes from the string length of the code $\langle M\rangle$ of $M$ and reflects not only the number of states and instructions but also the overhead for encoding $\Gamma_{M}$ by the binary-plusblank alphabet $\Gamma_{3}$. It also gets a contribution from the constant factor in the $O(\log t)$ time overhead for reducing $k$ tapes to 2 tapes to produce the machine $M^{\prime}$ above, and then re-code its big alphabet over
$\{0,1, \ldots\}$ to produce a machine we call $M_{2}$. Note that going from time $t$ to time $O(t \log t)$ is markedly better than the $O\left(t^{2}\right)$ time shown in class for getting down to a single tape. The machine $M_{3}$ on input $\langle w, M\rangle$ first copies the $M$ part to its third tape. The $w$ part is an "extra" that can be ignored in the main proof (i.e., pretend $w=\epsilon$ ); it would come into play if we talked about "universal languages for complexity classes," not just diagonal languages for them. Here is a picture:

Input tape (read-only)

$$
x=\left[w_{1} \cdots w_{m}\right][\text { code of } M][\text { maybe } y=\text { extra @@@@@@@ padding @@@@@@] }
$$

$M_{3}$ :

$s_{2}(n)$
which is greater than $C s_{1}(n)$ for large enough $x$
Worktapes of $M_{2}$ (assumed already reduced to 2 worktapes)
$\square$

The rest of the proof is by optical inspection of this memory map. There are two sources of slowdown:

- It can take up to $C$ steps for $M_{3}$ to find the next instruction in the code of $M$ as given. (There's also the initial $C$ steps to copy the code of $M$ to the third worktape to begin with.)
- Every character in the work alphabet $\Gamma_{M}--$-which might be huge coming out of the $k$-track tape construction---has to be recorded and updated in binary code. But the extra time and space for this is at most the constant factor $C$ depending only on $M$ again.

But the slowdown is never more than this, working step-of- $M$ by steps-of- $M^{\prime}$. If $M_{2}(w)$ halts within $t^{\prime}$ steps of its own time-clock, the time for $M_{3}(w, M$, maybepadding $)$ is at most $C+C t^{\prime}$. And the space used is at most $C+\operatorname{Cs}(n)$. $\boxtimes$

Now we are ready to employ the padding feature to prove the main results:

## Space Hierarchy Theorem:

If $s_{1}, s_{2}$ are "reasonable" space functions and $s_{1}(n)=o\left(s_{2}(n)\right)$, then $\operatorname{DSPACE}\left[s_{1}(n)\right]$ is properly contained in DSPACE[ $\left.s_{2}(n)\right]$.

Thus for example, in cases starting with $s_{1}(n)=\log _{2} n$ and $s_{2}(n)=\log ^{2}(n) \stackrel{\text { dat }}{=}(\log n)^{2}$, we get:

$$
\begin{aligned}
& \operatorname{DLOG} \subsetneq \operatorname{DSPACE}\left[(\log n)^{2}\right] \subsetneq \operatorname{DSPACE}\left[(\log n)^{3}\right] \subsetneq \cdots \subsetneq \operatorname{DSPACE}[O(n)] \\
& \subsetneq \operatorname{DSPACE}[n \log n] \subsetneq \operatorname{DSPACE}\left[n^{2}\right] \subsetneq \operatorname{DSPACE}\left[n^{3}\right] \subsetneq \cdots \subsetneq \operatorname{PSPACE}
\end{aligned}
$$

The hierarchy for deterministic time is almost as tight:

## Deterministic Time Hierarchy Theorem:

If $t_{1}, t_{2}$ are "reasonable" time functions and $t_{1}(n) \log \left(t_{1}(n)\right)=o\left(t_{2}(n)\right)$, then $\operatorname{DTIME}\left[t_{1}(n)\right]$ is properly contained in DTIME[ $\left.t_{2}(n)\right]$.

In particular, this means that even within $P$, deterministic time is quite stratified:

$$
\begin{aligned}
\mathrm{DLIN} & \stackrel{\text { def }}{=} \mathrm{DTIME}[O(n)] \subsetneq \mathrm{DTIME}\left[n^{1.000001}\right] \subsetneq \mathrm{DTIME}[n \sqrt{n}] \\
& \subsetneq \mathrm{DTIME}\left[n^{2}\right] \subsetneq \mathrm{DTIME}\left[n^{3}\right] \subsetneq \cdots \subsetneq \mathrm{P} .
\end{aligned}
$$

So why can't we tell that SAT does not belong to DTIME [ $\left.n^{1.000001}\right]$, let alone that it does not belong to P? A good question! The best road for understanding the issue is to see how the common proof of both theorems works. The notes by Debray prove only a weaker version with $\sqrt{t_{1}(n)}$ in place of the $\log \left(t_{1}(n)\right)$ factor, and the reason the professor at Stanford did this is that existing presentations of the stronger result are so 'yucky' that Allender and Loui and I didn't prove them in our notes either. However, I found the above way to roll several technical propositions into a single statement that gives the springboard for the final diagonalization step of the proof.

## Proof of the Time and Space Hierarchy Theorems:

We describe diagonal languages $D_{s} \in \operatorname{DSPACE}\left[s_{2}(n)\right] \backslash \operatorname{DSPACE}\left[s_{1}(n)\right]$ and $D_{t} \in \operatorname{DTIME}\left[t_{2}(n)\right] \backslash \operatorname{DTIME}\left[t_{1}(n)\right]$ in terms of machines $M_{s}$ and $M_{t}$ that expressly run within the space bound $s_{2}(n)$ and time bound $t_{2}(n)$, respectively. Since their descriptions differ only in the initial detail, we describe both machines in the same breath. They each have the same three tapes as $M_{3}$ above, plus $M_{t}$ has a fourth tape to count up to $t_{2}(n)$---which is possible by the definition of $t_{2}(n)$ being "reasonable" (as said in Debray's notes---see note at the end on "fully time constructible" as said in other sources). The point is that the machines $M_{s}$ and $M_{t}$ "embody" $M_{3}$ but have three differences:

- The enforce the space bound $s_{2}(n)$ and/or the time bound $t_{2}(n)$ on themselves;
- They run $M$ not just on the given $w$ but on the whole input tape $x=\langle w, M, y\rangle$; and
- They make the opposite accept/reject decisions from $M_{3}$ simulating $M(x)$.
$M_{t}$ :


Worktapes of $M_{2}$ (assumed already reduced to 2 worktapes)
$\square$
$t_{2}(n)$ countdown from $t_{2}(n)$

On any input $x$, taking $n=|x|, M_{s}$ lays out $s_{2}(n)$ tape cells that its run of $M_{3}$ will be allowed to use, while $M_{t}$ starts counting down from $t_{2}(n)$.

Both machines try to decode $x=\langle w, M, y\rangle$ for some Turing machine $M$. If this is not possible, they reject $x$.

On success, they begin simulating $M_{2}(x)$. Note that the "own code" $\langle M\rangle$ remains part of $x$, as does the "padding" $y$. Since the $\langle M\rangle$ part still gets copied to the third tape, this is a real-not-virtual run of $M_{2}$ with no overhead. If the simulation doesn't stay within the $s_{2}(n)$ marked-off cells in $M_{s}$, or takes longer than $t_{2}(n)$ steps in $M_{t}$, the overstep is immediately detected and the machine rejects $x$.

Otherwise, the run of $M_{2}(x)$ successfully completes. If $M$ accepts $x$, then $M_{s}$ and $M_{t}$ each reject $x$. If $M$ rejects $x$, that's when $M_{s}$ and $M_{t}$ accept $x$.

Considering first the case of space, $M_{s}$ enforces the $s_{2}(n)$ space bound on itself, so $D_{s} \stackrel{\text { def }}{=} L\left(M_{s}\right) \in \operatorname{DSPACE}\left[s_{2}(n)\right]$. Now suppose we had $D_{s} \in \operatorname{DSPACE}\left[s_{1}(n)\right]$. Then there would be a DTM $Q$ running in $s_{1}(n)$ space such that $L(Q)=D_{s}$. Now consider what happens when $M_{s}$ runs on inputs of the form $x=\langle w, Q, y\rangle$ :

1. After taking $n=|x|=|\langle w, Q\rangle|+|y|$ and laying out $s_{2}(n)$ tape cells, $M_{s}$ successfully decodes $x$ into $\langle w, Q\rangle$ and $y$.
2. $M_{s}$ segues into simulating $M_{3}(\langle Q, x\rangle)$ step-for-step. There is a constant $C$ depending only on $Q$ such that this takes at most $C+C s_{1}(n)$ tape cells. What's important from the Offline Simulation Lemma is that $C$ doesn't change if the padding- $y$ part of $x$ changes.
3. The space usage by $M_{3}(\langle Q, x\rangle)$ still could overstep the boundaries laid out by $M_{s}$. But by $s_{1}(n)=o\left(s_{2}(n)\right)$, for all $C$ there is an $n_{0}$ such that whenever $n \geq n_{0}, C+C s_{1}(n) \leq s_{2}(n)$. We may also wlog. suppose that $n_{0} \geq|\langle w, Q\rangle|$.
4. So consider what happens on the particular input $x=\langle w, Q, y\rangle$ with $y=@^{n_{0}-|\langle w, Q\rangle|}$. Then $x$ has length $n=n_{0}$, so $C+C s_{1}(n) \leq s_{2}(n)$.
5. Thus the simulation of $M_{3}(\langle Q, x\rangle)$ stays within the bound and runs to completion. So $M_{s}(x)$ gives the opposite answer to $M_{2}(x)$.
6. But $M_{2}(x)$ gives the same answer as $Q(x)$, so we get $M_{s}(x) \neq Q(x)$. This contradicts $L\left(Q_{s}\right)=D_{s}$.

As with the original "diagonal contradiction," this implies that the "quixotic" machine $Q$ running in space $s_{1}(n)$ cannot exist. So $D_{s}$ does not belong to $\operatorname{DSPACE}\left[s_{1}(n)\right]$.

The argument for time is entirely similar. The $t_{1}(n) \log t_{1}(n)=o\left(t_{2}(n)\right)$ business is a bit of a red herring. The conclusion really is that if $t_{0}(n)=o\left(t_{2}(n)\right)$ then $M_{t}$ can accept a language in time $t_{2}(n)$ that cannot be accepted by a 2-worktape machine $Q$ in time $t_{0}(n)$. The simulation for $t_{1}(n) \log t_{1}(n)=O\left(t_{0}(n)\right)$ then extends this conclusion down to $\operatorname{DTIME}\left[t_{1}(n)\right]$.

## Input tape (read-only)

$$
x=\left[w_{1} \cdots w_{m}\right][\text { code of } Q][\text { maybe } y=\text { extra @@@@@@@ padding @@@@@] }
$$

$M_{t}$ :


Worktapes of Q (assumed already reduced to 2 worktapes)
$\square$
$t_{2}(n) \quad$ countdown from $t_{2}(n)$

Suppose $Q$ accepts $D_{t} \stackrel{\text { def }}{=} L\left(M_{t}\right)$ in time $t_{1}(n)$. Then for any $y, M_{3}$ on input $\langle Q, x\rangle$ where $x=\langle w, Q, y\rangle$ stops within $C t_{0}(n)+C$ steps, where the constant $C$ depends
only on $Q$. Since $t_{1}(n) \geq n+1$ by assumption about time functions, we can add in the initial $2 n$ steps for decoding $x$ into $\langle w, Q, y\rangle$ and get $n_{0}$ such that for all $n \geq n_{0}$, $C t_{0}(n)+C+2 n+\left[\right.$ time to initialize $\left.t_{2}(n)\right] \leq t_{2}(n)$. Thus on the input $x=\left\langle w, Q, @^{n_{0}-|\langle w, Q\rangle|}\right\rangle$ defined as before, the whole run by $M_{t}(x)$ finishes $M_{3}(\langle Q, x\rangle)$ and gives the opposite answer before the $t_{2}(n)$ "clock" counts all the way down and "rings." So $L\left(M_{t}\right) \neq L(Q)$, which contradicts $L(Q)=D_{t}$. $\boxtimes$

A key hidden detail here is that the process of initializing the countdown clock to $t_{2}(n)$ must itself run within $t_{2}(n)$ time (on any input $x$ of length $n$ ). This is the definition of $t_{2}(n)$ being fully time constructible---and finally we see why it is included under the notion of being a "reasonable" time bound. Of course we should expect this property for "natural" time-bounding functions: polynomials, exponentials...but the notion is needed to "protect" the theory from paradoxes that could arise from weird functions being used as time bounds [such as $n^{c}$ for an uncomputable number $c$ as the power, but actually much weirder ones are the issue].

A word-to-the-wise about $\operatorname{DTIME}\left[n^{c}\right]$ : If $c$ is a rational number ( $c \geq 1$ ), then the time function $t(n)=n^{c}$ is "reasonable." If $c$ is an uncomputable irrational number, however, then not. If $c$ is a computable irrational number, hmmmmm... it depends... But it is worth pointing out that for any real numbers $c<d$, there are rational numbers $q$, $r$ such that $c<q<r<d$.

